

*“Win Her Back: 5 Secrets To Being
The Man She Wants And Getting
The Wife You Deserve”*



A special report from KeepMarriageAlive.com

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A Message... From Me to You

Body Language Warning!

She flashed you her scornful eyes again!

Now she talks to you most clearly through the “looks” she gives you with her eyes as the two of you cross paths in the kitchen

OK. Now you have taken keen notice of her unhappy body language.

These behaviors are all too typical when a wife becomes resentful — cries for help really.

I went through the same mess a year ago.

Through much prayer, determination, and having a great wife that didn't want to give up, my marriage turned around.

All of these non-verbal signals are a warning to you that she will soon lose hope – she is almost ready to drop a bomb on you!

The primer is almost set

Perhaps the hustle and bustle of professional life and the activities of home life have been a strain on you. Most men need to get away from it all sometimes. You know, work hard, play just a bit harder. Whatever it is: sports, golf, customizing a classic car.

She has started to resent feeling alone.

What lies beneath her behavior? – Jealousy and scorn!

The primer of the emotional bomb that is building inside her is almost set.

Soon, (if she has not already dropped the bomb) the “D” word might come forth from her lips. However, time and space in a separation will not heal the problems, or make her regain those love feelings she could soon deny having.

If you are asking yourself, “Can I make things right with her again?”, then you are asking the right question.

If you act now you can still end your fears of losing the woman you love and the family you have built together.

Marriage is hard! It can take real work, but there is hope for unity in marriage.

I have heard it before many times.

“So, what happened to my marriage?”

“She’s gone! She will not work on the marriage in with me”!

The fix many men find themselves in can be maddening. Here are some answers.

Thank you for making my “Win Her Back” report your source of guidance for saving your marriage.

Yes, you can make things right with her again. When you follow these steps you will be the **man of her dreams** and “**fulfilled**” as a husband.

I will teach you how to:

- Bring a sense of completion and achievement in your life as you “man up” with personal character
- Gain happiness and character through emotional intelligence that builds deep understanding that solves marriage problems
- Understand when you should let go, and hope she comes to her senses (if necessary)
- And, I will teach you the 3 critical mistakes that you are making to save your marriage, and what you should do instead!

Right State of Mind

To start off I want to share something critical with you. I could not write a truer sentence:

You must set your mind to be "mission focused."

If saving your marriage is what you want, be assertive. It will unlock your wife’s hidden desires.

I know that it is hard. But, knowledge and understanding of how to make it happen should help.

George Washington lost most of his battles, but won the Revolutionary war!

How?

He out persevered the British enemy. He could not be kept down. He was mission focused.

That take charge attitude is probably 90% of the solution to getting the marriage you started with your wife back. Your wife's eyes will show you appreciation, affection, and she will grab you close enough to prove it.

But there is one thing you must know. If she is lying to you, then she is already gone. Use these methods before it is too late. If she is not lying to you, then she wants you to be a 'Leader' in the marriage.”

Necessary Changes

No matter where you are in this the course of this marriage problem, you can actually turn the situation around to both of your favor!

Contained in this report are tips and advice to help you win that first victory that will make her wrap her arms around you again - as your love begins to rebuild.

What I have to share with you will make sure that her spitefulness and coldness toward you never happen again.

Chances are you are smart enough to have wisely seen the signs of trouble. I reassure you that you have taken the first step in getting your marriage back on the right course by watching and putting into practice my short **“7 Husband Habits You Need to Know to Save Your Marriage”** video and grabbing this free report.

You will only have lasting impact on saving your marriage if “manning up” is genuine based on strengthening your moral character, courage, and guts!

In other words don't fake it expecting her to buy it!

Strengthening your moral character, courage, and guts is the road you are on now.

This journey on that road is the secret to unlocking all of the positive influence true character, integrity, and manliness brings.

It is the key to your success in your marriage.

“MAN UP”!

Now starts your journey to saving your marriage.

I cannot stress to you enough that real positive change is pointless unless you aspire to World Class greatness through internal strength of mind and character.

It is pointless unless transformation from the inside out. That can only materialize through building serious character qualities. Most often it is the difficult and rigorous lessons in life that pay off the most.

You can be like the ICON CJ3B Jeep. You can be the highest quality, self made man possible.

You have always sought to be the Maserati of men. You reach that level of excellence through distinction when you ‘man up.’

What does ‘Man Up’ mean?

As a Sergeant in the Army, I lead my men to ‘man up’ by telling them “You better ‘soldier’ yourself, private”!

What that meant was:

- Stop being a boy
- Stop whining and complaining
- Do your duty, and...
- Lay it all on the line to bring about the success of a mission

Man Up is similar to that. It is a slang term that means several things all at the same time. It means:

1. “To rise to an occasion
2. “To complete a task.”
3. “Take care of one’s responsibilities.”

Yet, let’s take this definition for the sake of saving your marriage... one step further.

That is why I will also show you how to take massively effective action... I am talking about action that will transform you into the ‘hero of your wife’, as you save your marriage.

That means, nothing less than a total transformation through ‘manning up’ as a beginning step to following the rest of the 7 husband habits.

Let’s face it. You know that your marital problems are caused by ineffective relationship skills, such as:

- Lack of communication
- Lack of emotional intelligence (you'll find out what that is later on in the report)
- Poor conflict resolution, and...
- Being negligent when it comes to establishing priorities.

To get started, make a positive commitment by reciting and writing down the following to yourself. Return to it when you need the self motivation.

4 Dedications

1. "I will be dedicated to examining both of our true motives"
2. "I will be dedicated to changing the way I look at her"
3. "I will be dedicated to examining my own character"
4. "I will also look at myself, and see where I have messed up to get to this point"

Now you are ready to take on the first action step.

'Man Up' Goals

Begin now writing down the following 'man up' goals for yourself and marriage success.

1. Write:
 - a. "I must be a 'real man' and acknowledge that there is a problem that must be immediately solved."

The problems of your marriage aren't caused by lack of love, or irreconcilable differences. You have been a part of the problems your marriage is facing. She is not the only one responsible for the problems.

Many problems of your marriage could have been avoided if only you would have **stepped up to the plate as a man!**

You can't afford to fool yourself

Man up goal number two.

2. Now write down:
 - a. I will start to see my relationship with my wife as an investment and communicate that investment.

That's right. It is an investment.

If you immediately put time, effort, heart, and soul into romancing her heart back, then that is what you will achieve!

However, if you do not invest in it as if your very life depended on it, then you only will see more heartache, disappointment, and shattered relationship with your wife.

Many men allow one bad episode in their marriages to go on for too long without doing something serious to correct the problem. They wake up one morning to find that their wife no longer loves them.

Or worse yet, they get the famous, "I love you, but I am not in love with you" speech. This is one of the worst things that can come from your wife's mouth. It means that she no longer has feelings for you, for one reason or another.

Another man may have captured those feelings while you were busy golfing, working, or when you were away on your new scuba diving expeditions at Bonaire Marine Park in the Caribbean! You may have those fun things, but what are they worth if she is gone?

Don't take chances on this!

Think that your marriage is like playing the lottery? If I keep on playing the same numbers, then one fantasy day, in a far off dream land... what I am doing will pay off. Think again. Someone is winning at this lottery, but it aint you. It's the shameless shysters who sell you junk advice that is easy to take, but the only success that is happening is in their bank account summaries.

Man up goal number three.

3. Now write down
 - a. I will admit everything that I have done wrong to get us to this break-down in our marriage
 - b. "I will own up to it if I allow my marriage to fade into a deep, dark abyss."

Often that dark abyss goes straight down to divorce court!

It takes personal courage to admit where you have been wrong and to take responsibility for them. That is a big step in the right direction, and your wife will be drawn to that kind of courage – if she is not lying to you right now. We will talk about how to handle lies a little bit later.

Time to Get Real with your situation

Man up goal number four.

4. Next write the following:
 - a. "I will not let conflicts slide."
 - b. "I will not blow off my responsibility of connecting and relating to my wife"
 - c. "I will not let her 'cold indifference' towards me discourage me like a punk"!

No more excuses will do if you drop the ball in your relational responsibilities to your wife. This is taking ownership of your marriage.

Now you are ready to learn my 5 Secrets that will Make Your Wife Wrap Her Arms Around You. Let's begin.

Secret #1: BE the Positive Change!

Believe it or not, there is a lot that goes into "Manning Up"!

Go deeper into life.

Seek answers to questions that nag you deep in yourself. While you are at it, seek to understand your wife.

Seek first to understand who she is as a person, then you will be better understood as a man by her.

Again, going further, pushing yourself to be of stronger moral fiber and personal character is the key to your personal transformation.

It is my opinion that character cannot be taught, but it can be lived by doing the right things in tough circumstances.

Also, character can be built up by good example coming from a good mentor. If you do not have a good mentor, now is a good time to find one and learn from him. If he has a strong and thriving marriage, then he is initially qualified.

You may need to trade up if his advice is too "pop psychology" or not grounded in having a real relationship with your wife.

Furthermore, difficulty in life must be embraced as a character building tool. Character qualities such as:

- **Sincerity**
- **Ingenuity**
- **Honor**
- **Patience**
- **Selflessness, and last but not least...**
- **Passion for your wife and marriage**

There are 4 awesome qualities of leadership that you should make your own

1. Be both sensitive and take charge concerning her needs
2. Be a visionary leader
3. Be strong through steadfast determination to affect positive change
4. Build strong relationships due to strong character and positive influence

These are qualities well worth giving a fortune as you man up.

If you feel like your wife is not loving or respecting you as a man, then it will be very difficult for her to resist you as you take on the following qualities.

If you understand both her and her real reasons for treating you with disrespect, then you will build emotional intelligence.

You will be the positive change your marriage needs.

A brief lesson on Emotional Intelligence

Being the positive change your marriage needs takes the right tools. Emotional intelligence is the number one tool you need to get the job done right!

‘EI’ (Emotional Intelligence) is a way of knowing and understanding others, especially the emotions of your spouse.

We will not engage in a deep scholarly examination of emotional intelligence, however in order to define it we turn to Peter Salovey and John D. Mayer who have researched emotional intelligence since 1990. Their discoveries were published in an article titled “Emotional Intelligence.” In that report they state that emotional intelligence is “the subset of social intelligence that involves the ability to monitor one’s own and other’s feelings and emotions, to discriminate among them and to use this information to guide one’s thinking and actions” (1990).

The Four “Man Up” Factors of “EI”

Become the expert on your wife’s emotions.

1. **Perceive Her Emotions:** The first thing to know when becoming an understanding husband is to identify her emotions correctly. We talked about recognizing her negative, facial expressions, words, tone of voice, good or bad ‘looking at you’, and body language at the beginning of the report. Also, learn to perceive her happy, sad, and awe-inspired emotions.
2. **Reason about Her Emotions:** The next step is to use those emotions you perceive from her to think about what they might mean. Now that she has your attention respond with asking a simple, “How are you”? Think about what is going on in her life, her past hurts, hang-ups, and how you might be at the center of those emotions. If you take her emotions seriously, then they will be a priority in your life.
3. **Seek First to Understand Her Emotions:** The big question arises, what do her emotions mean? What caused these emotions? Is she angry at you or just taking her anger out on you? There is a big difference! Either way, a good husband will take the responsibility of getting to the bottom of the emotion and ask her, “Why are you feeling this way”?
4. **Manage to Manage Her Emotions:** Be a 1st responder instead of an over reactor! Resolve to suspend judgment of her until you know all aspects of her emotional behavior. Manage her emotions by first patiently waiting for her to talk, listen, and then make sure you understand her. Ask as many questions as possible, and then gently ask her if she wants you to help her make sense of and come to peace with her emotions.

Unravel the Mystery of She!

Do your background homework on who your wife is as a person, her biggest hurts growing up, and deepest wounds!

What are some BIG traumas, hardships, neglects, etc. in her past that shaped who she is as a person? Those things that you did to contribute to the relationship problems you are now faced with may have triggered those negative emotions again.

Do your homework on her and you will see what things you may even be doing right now that are making her “lose it.”

Know her better than anyone else, and you will be able to handle any emotional problem she has at any given moment.

Me, I spent many long hours talking to my wife's father about their problems raising her - It was eye opening. I now know how to best speak words of life and love into her than ever before.

Now, my wife and I do regular listening and personal therapy for each other. I am not afraid of her emotions, and she is not afraid that I am going to try to hurt her. We trust each other immensely! That is the goal you are reaching for.

Rule out Lies

I recently helped a man whose wife was being controlling, while at the same time showing erratic mood swings.

When it became clear that she was being deceptive because of greed I started to warn him not to trust her. In the end she was lying the whole time. He was tipped off by her greed.

However, calling her a liar when she is not lying will seriously set you back.

I recently asked a friend of mine who is a cop how to tell if someone is lying to you. His answer is here so you can better detect lies from your wife. Be on the lookout for these signs from her.

Do not confront her right away. Use these signs of lying as a signal to start investigating what is behind the lies so you can best confront her if your fears turn out to be true.

“There are numerous signs to lying. Eye aversion, shaking of the head yes, when answering a question no, physical ticks such as tapping, leg movement, etc. Unless you are professional practiced liar, the human body will always betray itself. BUT, it becomes much harder when dealing with someone you are in love with, because you WANT to believe everything they say.”

The true reason for her erratic behavior could be the result of a control grid built on lies. Those lies intentionally hurt you!

On the other hand her behavior may be due to an emotional need to process everything she feels. Sometimes the things she feels after marriage trouble can be hard to handle.

Determine if you are sleeping with a friend or foe!

Real Attraction

"Being a real man" creates massive attraction from your spouse.

Nothing "forced" or "faked" about being a real man.

Consistent strength of moral character and composure is attractive to women, even if they are emotionally unstable.

Better defined, I am describing the strength to handle the emotions of your woman with grace and composure - amidst the confusion of her emotions.

Stockholm Sweden Exchange Crash!

The one thing to be aware of is: If she has been hurt in her past so bad that she now holds a low self-image of herself, she may feel inside that she does not deserve to feel happy, and have a good man to lead, love, and protect her.

Also, if she was abused a lot in the past she may have developed what is called the "Stockholm Syndrome" in which an abused person has been so badly treated and used by a strong, yet abusive person, in this case from her past - that she as the victim becomes strongly connected emotionally to her abuser.

Think about the battered wife that absolutely refuses to leave her abusive husband. Some of these cases are due to the "Stockholm Syndrome" effect.

This may be the reason that she is upset. By you not treating her harshly enough she is grating against your relationship.

In this case it is probably more "her past" than you that is responsible for the problems in your marriage. You married a smart, sweet, loving woman, but now she sabotages the marriage whenever possible.

She has loyalty to her past – not her future with you.

As a good husband you can now find out her past. If she reveals things that help you understand her behavior, then you can help her get the appropriate therapy for "Stockholm Syndrome." And, finally end her sabotage behavior.

Wrong Mirror

What about her self esteem?

If you have generally been a good mixture of being a good husband and lover, then perhaps she feels that she does not deserve true happiness.

Ask yourself, "Is she sabotaging this marriage because of low self-esteem issues?"

She may be looking into the wrong mirror every day.

The reflection she sees everyday may only show her the image that she feels inside, and not the true her.

Get in the Ring!

Check to see if you have been giving too much puppy dog love. – Hanging all over her?
Treating her with excessive attention?

If this is the case, she may not have Stockholm Syndrome.

Instead, she may just want more of a challenge.

I am talking about a challenge from you... to her in the relationship.

Spar a bit.

Argue and show your presence of authority some to shake things up.

A healthy minded wife will get tired of being appeased and showered with gobs of attention.

Let her know that you want to back off just enough to give her breathing space.

Determine if she is either a slave to her former abuse, sabotaging the marriage due to low self-esteem, or feeling smothered. If all clues deny this to be the case, then it is safe to rule out her erratic behavior as being sabotage behavior.

Secret #2: Fight the Good Fight

Whenever there is a noble and beautiful cause to fight for it causes you to muster up all of the passion you have inside of you.

Your excitement for life and victory over your challenge in life rises to the top, and gives you the will to overcome obstacles. It gives you the ability, when you thought there was no strength left in your will to fight – to fight all the more!

Now, I want you to focus on the cause of reconciliation and unity with your wife. It is truly a beautiful thing! That is why I will show you the fullness of what reconciliation means at the conclusion of this report.

However, most men are not real men. They give up before the battle has even begun. They give up because they feel like they are up against an opponent they cannot understand, let alone possibly win back.

Click on the link to go to KeepMarriageAlive.com.

Get all of the character, smarts, and distinction you will need to unlock your wife's hidden desires for you!

The Stick and Carrot

I want you to know what you are fighting for. Think about having her back in your arms, happy again. Think about the warm, inviting assurance that instantly hits you as she wraps her arms around you!

Imagine feeling like everything is going right with your wife. Take a moment and think about the last time the two of you went to the beach at sunset together. The last time you had a blissful and romantic date together over candle light, eyes locked, engaged in deep conversation, and smiling uncontrollably at each other.

If the two of you have never experienced those things before, then REALLY take a brief moment to imagine what that would be like!

Drink it in deep pal, because you can make that a reality.

I mean, what woman would not drop everything to have a delightful time with her 'new and improved' husband?

If she is being truthful in her feelings, then the old relationship with you might feel dead to her.

So why not become a man that she will want?

I am not talking about chasing, begging, pleading, or "nice-guy-ing" your way back into her arms. I am talking about doing an internal 180 and just being a better you that is the "you" she really would love.

Think about it. Making those dreamy thoughts a reality is the goal of this report.

The "Hidden Desire" Stick and Carrot

Think of how your relationship with your wife has suffered over time. If something has died between the two of you, then realize that there is still hope to have ultimate reunion and happiness again!

Behind any of her cold and depressed attitude towards you lies the spirit of the joy and connection she desperately craves.

It is the haunting spirit of her hidden desire for you.

That warm, all-loving smile from your wife is just waiting for you to fight for it, and make it yours... for good!

One Last Caution

If she has said that she loves you, but is not in love with you, then it could be a cover for an affair, or other betrayal.

None of this.

I repeat, none of this will work unless she is being honest with you.

If you have followed my instructions to the "T" in this report, and have developed your emotional intelligence and really look for the signs of lying, then in due time any deceit will come to the light.

Do not get paranoid, But...

Be on guard for:

- Lies
- Betrayal
- Manipulation
- Using you to get your money or assets
- Turn the kids against you
- Or, whatever evil deceit lies behind her behaviors

Be a man. You must be on the lookout for any betrayal of your wife. Do not deceive yourself into thinking that she would never do that to you if all of the evidence points to the contrary.

If she is lying, I think that it is best to not get bitter and jaded. Forgive her, but do not trust her, or fight a good fight to win her. Do not fight for her until she repents, and does what she can to restore trust again.

Still, I will say that if you have enough strength of character to love her, do so. You can still love in a pure love that releases her to come to her senses and ask for forgiveness. If repentance on her part is genuine, then you can pick up the pieces and begin again using my instructions.

Lies are your biggest threat!

If you are now separated already and she is acting like your friend, while saying she has no feelings of love for you, then accept the reality of her lost feelings. However, be suspicious of anything nice she will do.

Try to catch her in a lie. See if she has to tap dance her way out of being caught in a lie.

Until you catch her in a lie ask her if all of the feelings for you are gone.

If you have not caught her in a lie, then do not treat her like an enemy to her face.

Always make sure to think about the facts.

Assuming the way she is treating you is an attack is one of the biggest mistakes you can make in your relationship with your wife.

She is not yet your enemy. No. The very act of prematurely making her your enemy... And getting your focus off of solving the problems that are causing discord between the two of you is your biggest enemy.

The safest way

OK. If her actions do not make sense and she is totally being selfish, then assume she is speaking lies.

Speak to her in terms of how you feel so as not to make her feel accused.

Rather, you will be speaking her language.

What does she do?

If she does something too quickly without thinking, then it is a good chance that she is trying to keep the lies going. Thinking and feeling go together when you speak her language and tell her how you feel.

Of course, her “I love you, but not in love with you” speech does not have to mean betrayal, but it is wise to rule that out first. Again, if she says that her love for you is dead, wants a divorce, and cannot bring her-self to love you again - respect her wishes.

However, that does not mean that her heart will not start to beat for you again. Continue in this course, hold your head high, and perhaps she will come back to you.

There are no guarantees, but you will have a fighting chance.

Genuine influence is powerful, but only as powerful as her heart is able to love.

The next 3 Secrets are not the same as the first two secrets. But they are equally as important.

3 Critical Mistakes that you are Making to Save Your Marriage, And...

What You Should Do Instead!

So, now you have an understanding on what you can expect from this home study course. Also, you have been psyched up for this new quest you have begun. So, now I will show you exactly what 3 common marriage saving mistakes to stop doing,

... and which techniques that will super charge your efforts to “Man Up” to do instead.

Following my instructions exactly for each of these last 3 “Man Up” keys will grab the withdrawn attention of your wife, and unlock her shy affections.

Secret #3: Machine Gun “Manning Up” – Big Mistake!

What I mean by machine gun “manning up” is “manning up” without specifically targeting **only those areas of which you want to see results.**

Machine guns are good for spraying your enemy with a barrage of oncoming fire. Rather, you need to have one shot, one kill – laser focus.

Tell her how you feel. After she has thought and felt about how you feel cautiously move forward.

First: All of your positive focus needs to be directed at your wife. She can do no wrong right now when you talk together... because everything she is doing is justified in her own mind.

The second principle is only focus on improving yourself. Prioritize! Make a list of all the bad things that lead to her leaving.

Do not even think for once to try to fix her. If she talks, you listen. Make sure you let her know you understood her and listened.

Never tell her that she needs to fix x, y, or z about herself during this time. Tell her about how you are going to fix x, y, and z. X, Y, and Z must only have to deal with what you did to hurt her.

I think that I can pretty well assume that you are a take charge guy, and do what needs to be done fairly well.

Let’s just admit it. You are perceptive enough to know that you have problems in your relationship with your wife that is stealing your peace of mind, happiness, and sense of manliness.

Disrespect from one’s own wife is like a 4 inch blade being stabbed right in your gut. With every added incident of disrespect from her it feels like she is getting a firm grip on that handle and twisting the blade with all of the bitter intensity of a divorce paper delivery.

OK. So you are ready to “Man Up”, because you are a real man in your gut. You don’t run away from problems, you face them head on!

However, if you do not laser focus on those things that make for a good husband, then chances are you will not have the time, energy, and focus to reach your goal of making the #1 Husband Habit work like gang-busters to bring your marriage back on track and make it better each and every day!

Gently Turn Her Chin

Here's a tip. Your wife is more jealous than you are.

That means that she focuses a lot more on relationships, and communication than you do. It's a fact of nature! You feel jealous when she spends more time on facebook posting comments and looking at all of the other seemingly perfect, happy people. Am I right?

However, she craves time alone connecting relationally with you, but resorts to using facebook to do that with other people, because... she feels like she has lost you to your career, hobbies, and sports.

If you become ultra responsible and start putting in more hours at the office bringing home a hell of a lot more bacon, or working on perfecting your golf swing she will only feel more replaced by those pursuits of yours.

You should become more reliable concerning your wife's needs. It will prevent you from facing a complete backfire from your efforts. She cares more about you stepping up to the plate concerning your husband and fatherly duties, than she does about how much more money you can rake in for the family.

If she does care more about the money you make, then perhaps you need to re-evaluate if she is lying to you. Greed and treachery go together in matters of separation.

Take all of the energy and ferocity you used to put into those things that built up your ego and invest them in your home life.

When you get your attention off of those things and refocus on her instead you will romantically turn that chin of hers away from those distractions to see you eye-to-eye.

When she sees the difference in your attention to her and the family, she will put all she's got into sharing a mind-blowing marriage with you.

Besides, who are you "Manning Up" for anyways?

Seek first to understand her and her needs. Then focus on things that you can do to massively influence her based on her positive expectations of you. Exceed her expectations and you will reap rewards that far outweigh the effort, time, and trouble you put into "Manning Up."

Secret #4: Hurting Her as Others Have Before – Big Mistake!

If you have followed the instructions to dig deep into her past you will find that you will be better able to dig into the past of the issues that shaped the man that you see in the mirror. This will help you grow into the man that will attract his wife back to him.

Finally, now we have all the pieces to put together to wield massive attraction from your wife, and tap into that deeply hidden desire for you.

Once again, gather as much insight into the things that have hurt her most in her life as she grew up.

Bad things her mom did, or good things her mom did not do... those things that hurt her most. Do the same thing concerning her father. So forth and so on....

As you do that... remember, reflect upon those things in your past that shaped who you are.

Now what does that have to do with you and those things that you were responsible for that led to her leaving? Everything!

As you better understand and deal with the issues that have hurt her you will be more sensitive to her felt needs.

What you may not have realized is that those things that hurt her most and made her feel inferior, or less than a special princess when she was a little girl come to the surface when she is hurt.

She still wants to be that special princess who is deeply loved and cherished.

Making her feel like a special, cherished princess in your life is the key to her heart.

When you fix those personal problems in your life that led to her leaving, i.e. work-aholism, excessive sports and hobbies, harsh words, anger, etc... fix them in light of how close they are to those things that hurt her most growing up. That is the priority system.

Let's pretend for instance, her father was a workaholic. Every time you as her husband work late at the office, she relives the pain and rejection she felt from her father.

This is only a hypothetical suggestion. Her past and how she felt may be different, but the reality behind the situation is true.

Visit Her Girlhood Days

Don't try to reach your wife.

Reach the little hurt girl that lives inside of her. Now you don't have to get all psychological about it, just do whatever it takes to make those things right again.

Your love has to be connected to a deep understanding of who your wife is. Anything else will simply seem like a nice gesture in comparison. That is why it is so important to "own up" and ask for forgiveness for everything that you did that hurt her. We will learn more about this later.

These are golden keys to reaching your wife on a deep level. Your words must always return to the fact that you love and cherish her as the most special, and beautiful princess.

Now you do not have to call her "My special little princess"!

She just needs to feel cherished and loved as if she were your "special little princess."

She may feel like she doesn't deserve it. If she is damaged by her past and cannot accept sincere love, then first talk to her about her problems.

Listen to her closely.

Do not interrupt.

Help her talk it out.

Help her see herself as woman who is valuable and worthy of love.

Then you can start saying, during such and such a time you were such a princess to me.

You will not have any lasting success with your wife without knowing these things and putting them into practice.

If she is asking for time and space to think, then respect her desire for that, BUT sooner than later, set up a meeting time to connect with her like this.

Secret #5: No Kaizen – Big Mistake!

There is a Japanese word that means to continuously improve on a project. Kaizen is the word. Always improve, do not slack off after you first see improvements and benefits.

Far too often, men who improve themselves become satisfied with their situation in life and begin to slack off. This is dangerous. When you man up and reconnect with your wife she

will expect you to live by this new standard. If you slack off, reverting back to your old ways, she will feel lied to and manipulated.

Because of this, do more than meet her new expectations. Continuously exceed her expectations based on how you target those parts of your life that matter most to your relationship with your wife. Continuously target those things that help you know how you become more distinctive as a man.

Arnold Schwarzenegger has a motto for which he lives by called “stay hungry.” Arnold became 7 time Mr. Olympia and a hot-shot action hero movie star, and the Governor because he never would allow himself to become complacent. He never relied on yesterday’s victory. Rather, he forged his ambitions onward toward the next victory in life.

If you continue to “sharpen the saw” you will be finding yourself in a groove of excellence that is hard to stop.

Continually improve and prove it.

Be Distinct

Think about all of your friends and their relationships with their marriages. Don’t get too competitive and try to “out-do” them. Simply, see what they are doing or not doing with their marriages to their wives and do better!

Most likely she is regularly posting on facebook and talking with her friends often. She knows about her friends relationships. I know you don’t care, but she cares, if you set yourself apart from her friend’s husbands, then she will brag about you on facebook or anywhere else.

One of the best ways to be distinctive is this:

When you screw up, own up!

Think about Billy Cundiff. What did he say when he missed the field goal losing the NFL AFC championship game for the Baltimore Ravens when they were closely beaten by the New England Patriots? He said, “Stand up, face the music, and move on.”

Saying, “I’m sorry, I was wrong”! Has massive positive influence.

This is not because you are some kinda ‘whipping boy.’

Rather, it is because you are an authentic, owner of both your successes and your failures.

Now learn from your mistakes and make the problem better. Prove to her that you are a winner by getting back on your feet to go on and win the day!

Also, when you “Man Up” do not become Controlling!!! – Become an influence instead!

Reconciliation: Conclusion

The one thing that I have learned about saving a marriage is that...

It takes no less than ‘giving it all you got’ to turn things around for a paralyzed and floundering relationship.

You can do that.

In my next reports I will continue to be your guide and I will take you step-by-step into changing those things that you do wrong and turning them into things that you do ‘spot-on’ right, the first time.

It reminds me of the intense words my Army football coach would scream at us as we battled in each football game. He would scream and bark out the order, “**Sacrifice the body**”!!!

He meant our own bodies as we would play offense or defense. No matter what position we were playing, we were each expected to forget about how we felt. We were expected to forget how tired or hurt we were. We were going to give it all we had, even at the point of injury. He was egging us on in order to put fire into our hearts that creates the will to win... no matter what.

So my advice to you is to “Sacrifice everything” in order to win her back – And, never quit!

The meaning of reconciliation

When it comes to marriage, reconciliation means to incrementally return to the intimacy, or closeness of the marriage. Intimacy is closeness that shares the true soul of each other with one another.

Intimacy involves vulnerability.

Vulnerability involves risk.

Risk has the potential for devastating pain. There is also the potential for overwhelming joy, affection, and happiness.

That is where trust comes in. If trust is strongly present in your relationship, then there is safety in vulnerability.

The hard thing is that many spouses have learned to put walls up in order to protect themselves. In this "dog-eat-dog" world where fighting tooth and claw preserves you against the next guy who only wants to crush you on his (selfish) way to the top

Or, it just is not safe to bare your soul to others - we learn to pretend we are strong, when we are just trying to preserve ourselves.

Most of us have been put-down, made fun of, spitefully used, abandoned, and/or manipulated. At one time or another, in some degree these ills have befallen us.

Also, competition can create toughness and contests of wills. These are part of life. An intimate marriage is not absolutely free of these challenges, or free of conflict. But, there is trust enough to navigate these challenges safely. You must handle conflict with cooperation to come to resolution.

Reconcile back to a place of safety

There is more to reconciling than forgiveness and apologizing. It means bringing two people closer together once again. It means to resolve differences by doing whatever it takes to remove the source and root of problems.

And, it means acceptance of who your mate is as a person. There is safety in acceptance if the other person has genuine intentions. Promising to change, begging for a second chance, all the apologies in the world do not restore trust. Working towards understanding each other and having workable safety within a relationship will bring reconciliation.

At the beginning you asked yourself, "Can I make things right with her again"?

By using my "Win Her Back" report you now have that source of guidance for saving your marriage.

Now you know that you can make things right with her again.

1. You know how to man up with personal character
2. You know how to build emotional intelligence that builds deep understanding to best solve marriage problems
3. If it is the case: You will know when you should let go, and hope she comes to her senses
4. And, you know the 3 critical mistakes that you are making to save your marriage:
 - Only Manning Up

- Hurting Her as Others Have Before
- The “No Kaizen” Big Mistake
- And, you now know what you should do instead!

You now have at your disposal key secrets for knowing how to re-start love in your relationship.

Love is respect toward another person. Love is concern regarding another person. And, love is having a desire for the greater good of another.

It can be unselfish in that love can do good for another without hope of reward. But it cannot be permanently separated from 'feelings' of love. You can build on both of your desire for relationship and reciprocation (the back and forth, give and receive mutual sharing).

Now go and set your mind to be "mission focused."

Click on the link to go to KeepMarriageAlive.com.

Get all of the skills, smarts, and distinction you will need to unlock your wife's hidden desires for you!

1990 – Psychologists Peter Salovey and John Mayer: article, "Emotional Intelligence," in the journal *Imagination, Cognition, and Personality*.